

REGIONAL 5v5 & Advanced Skill Segment

Shooting w/ Charlie Fortney

#	Group (Grade)	Day	Time	Location	Instructor
1	Girls (8 th)	Saturdays	9:00 – 10:30am	ATC	Gerald Jarmon
2	Boys (8 th)	Saturdays	10:30am – 12:00pm	ATC	Gerald Jarmon
3	Boys (6 th)	Saturdays	1:00 – 2:30pm	ATC	Ken Richter
4	Girls (6 th)	Saturdays	2:30 – 4:00pm	ATC	Ken Richter
5	Boys (11 th /12 th)	Sundays	2:00 – 3:30pm	ATC	Charlie Fortney
6	Girls (11 th /12 th)	Sundays	4:30 – 6:00pm	ATC	Charlie Fortney
7	Boys (9 th /10 th)	Sundays	7:00 – 8:30pm	ATC	Charlie Fortney
8	Girls (9 th /10 th)	Sundays	2:30 – 4:00pm	Harrisburg Christian	Bob Felker
9	Girls (7 th & 8 th)	Sundays	4:00 – 5:30pm	Harrisburg Christian	Ben Dudek
10	Boys (7 th & 8 th)	Sundays	7:00 – 8:30pm	Harrisburg Christian	Ben Dudek
11	Boys (5 th & 6 th)	Mondays	6:00 – 7:15pm	ATC	Ben Dudek
12	Girls (5 th & 6 th)	Mondays	7:15 – 8:30pm	ATC	Ben Dudek

#	Group (Grade)	Day	Time
13	Coed (5 th – 7 th)	Sunday	1:00 – 2:00pm
14	Coed (HS)	Sunday	3:30 – 4:30pm
15	Coed (8 th & Up)	Sunday	6:00 – 7:00pm
16	Coed (5 th & 6 th)	Thursday	6:00 – 7:00pm
17	Coed (7 th & 8 th)	Thursday	7:00 – 8:00pm
18	Coed (HS)	Thursday	8:00 – 9:00pm
19	Coed Open	Tuesday	4:00 – 5:00pm

Advanced Dribbling/Agility w/ Gerald Jarmon

#	Group (Grade)	Day	Time
20	Coed 6 th – 8 th	Saturday	1:00 – 2:00pm
21	Coed 5 th – 7 th	Tuesday	6:00 – 7:00pm
22	Coed 8 th & Up	Tuesday	7:00 – 8:00pm
23	Coed PG Class	Tuesday	8:00 – 9:00pm

Total Number of Sessions: 10 sessions/weeks

Start Dates: Sept. 11th & 12th Weekend

End Dates: November 13th & 14th Weekend

Players from all over the Harrisburg Region will compete and push each other to their best in 5 v 5 game segments. The Professional staff will guide players in principles of 5 v 5 on offense and defense. This class is meant to teach players to play on principles that highlight their strengths and improve their weaknesses in a full court setting in every skill area. There will also be a 30min advanced Skills segment that works on key fundamentals for every player.

****5th/6th Groups (8 Sessions)**

Start: Sept. 13th, **End:** Nov. 1st

Shooting & Advanced Dribbling/Agility Class

Total Number of Sessions: 8 Sessions/weeks

Cost: \$150 *(If register separate from Fall 5v5)

Start Dates: Week of September 7th

End Dates: Week of October 26th

Location: Advanced Training Center

In these work-outs players will have the unique Opportunity to become a complete player at their desired position. Instructors are experts at their position and will teach players the mental and physical aspect of the role in the positions. We do have girls and boys classes together but separated according to gender groups. These classes are unique and clearly the best this region has to offer for position expertise.

Fall Youth Skill Builder

Strength/Dribbling/Agility

AGES

Day

Time

Coed 5 – 9 yr. olds

Sunday

6:00 – 7:00pm

#

(Grade)

Day

Time

24

Coed 7th & Up

Wednesday

5:45 – 7:00pm

Director: Ben Dudek

Cost: \$105

Total Number of Sessions: 8 Sessions/weeks

Location: Harrisburg Christian School

Starts: Sept. 12th, **Ends Oct. 31st**

Director: Bob Felker

Cost: \$150 (If register separate from Fall 5v5)

Total Number of Sessions: 8 Sessions/weeks

Location: Advanced Training Center

Starts: Sept. 8th, **Ends Oct. 27th**

Program Options and Costs

Option #1 Fall 5v5 Games & Skill Factory
\$250 (10 Sessions)

Option #2 Fall 5v5 Games & Skill Factory
\$295 & (Choose 1)
18 Total Sessions
Choice #1: Shooting
Choice #2: Advanced Dribbling
Choice #3:

Strength/Dribbling/Agility

Option #3 Fall 5v5 Games & Skill Factory
\$325 & (Choose 2)
26 Total Sessions
Choice #1: Shooting
Choice #2: Advanced Dribbling
Choice #3:

Strength/Dribbling/Agility

Option #4 Fall 5v5 Games & Skill Factory
\$350 & (ALL 3 SKILLS)
26 Total Sessions
Skill #1: Shooting
Skill #2: Advanced Dribbling
Skill #3: Strength/Dribbling/Agility

5th/6th Grade Costs & Options

Option #1 - \$195
Option #2 - \$265
Option #3 - \$295

COACHES BIO'S



About Charlie Fortney: A former division 1 player and professional athlete, Charlie highlighted his playing background with a great ability to shoot with precision, quickness and accuracy. Charlie has worked one-on-one with college and professional athletes to enhance shooting, and his critique and instructions yield positive results.



About Gerald Jarmon: A former starting point guard for the University of Richmond, Gerald has toured several countries with a semi-professional team. Gerald has coached at the college and high school levels, and has been training young athletes for over 10 years. Advanced Hoops is proud to have him on staff.

Other ADVANCED HOOPS Staff:

Ben Dudek

Bob Felker

Ken Richter

Stan Bielawa

Jerry Stokes

Marrisa Hoover

Locations

Advanced Training Center

ATC: 6003 Jonestown Rd.
Harrisburg, PA 17112

Harrisburg Christian School

HCS: 2000 Blue Mountain Parkway
Harrisburg, PA 17112

Register NOW

657-2620 or online @

FALL Training Academy 2010

5v5 In House Games

Shooting w/ Charlie

Advanced Dribbling w/ Gerald

Position Clinics (Wing/Post/Point Guard)	Position Clinics (Wing/Post/Point Guard)	Position Clinics (Wing/Post/Point Guard)
<p>Date: (1) August 14th 1:00 – 2:30pm (Junior High) (2) August 16th 7:00 – 8:30pm (Senior High)</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Wing: Charlie Fortney</p> <p>Point Guard: Gerald Jarmon</p> <p>Post: Marrisa Hoover/Lenny Davis</p>	<p>Date: (1) August 14th 1:00 – 2:30pm (Junior High) (2) August 16th 7:00 – 8:30pm (Senior High)</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Wing: Charlie Fortney</p> <p>Point Guard: Gerald Jarmon</p> <p>Post: Marrisa Hoover/Lenny Davis</p>	<p>Date: (1) August 14th 1:00 – 2:30pm (Junior High) (2) August 16th 7:00 – 8:30pm (Senior High)</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Wing: Charlie Fortney</p> <p>Point Guard: Gerald Jarmon</p> <p>Post: Marrisa Hoover/Lenny Davis</p>
Defensive Clinic w/ Ken Richter	Defensive Clinic w/ Ken Richter	Defensive Clinic w/ Ken Richter
<p>Date: August 14th (Junior High & Senior High)</p> <p>Time: 1:00 – 2:30pm</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Ken Richter</p> <p>Charlie Fortney</p> <p>Advanced Hoops Staff</p>	<p>Date: August 14th (Junior High & Senior High)</p> <p>Time: 1:00 – 2:30pm</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Ken Richter</p> <p>Charlie Fortney</p> <p>Advanced Hoops Staff</p>	<p>Date: August 14th (Junior High & Senior High)</p> <p>Time: 1:00 – 2:30pm</p> <p>Location: Advanced Training Center</p> <p>Cost: \$45</p> <p>Instructors</p> <p>Ken Richter</p> <p>Charlie Fortney</p> <p>Advanced Hoops Staff</p>
Comprehensive Skill Evaluations	Comprehensive Skill Evaluations	Comprehensive Skill Evaluations
<p>Saturday, August 14th (All Ages) \$75</p> <p>Call To Schedule Appointment Location: ATC</p> <p>Times Available 9:00am – 12:00pm</p> <p>Saturday, August 21st (All Ages)</p> <p>Call to Schedule Appointment</p> <p>Times Available 9:00am – 12:00am</p> <p><i>* Each player will be evaluated on skills for ½ Hour by our Professional Coaching Staff</i></p>	<p>Saturday, August 14th (All Ages) \$75</p> <p>Call To Schedule Appointment Location: ATC</p> <p>Times Available 9:00am – 12:00pm</p> <p>Saturday, August 21st (All Ages)</p> <p>Call to Schedule Appointment</p> <p>Times Available 9:00am – 12:00am</p> <p><i>* Each player will be evaluated on skills for ½ Hour by our Professional Coaching Staff</i></p>	<p>Saturday, August 14th (All Ages) \$75</p> <p>Call To Schedule Appointment Location: ATC</p> <p>Times Available 9:00am – 12:00pm</p> <p>Saturday, August 21st (All Ages)</p> <p>Call to Schedule Appointment</p> <p>Times Available 9:00am – 12:00am</p> <p><i>* Each player will be evaluated on skills for ½ Hour by our Professional Coaching Staff</i></p>

