

# ADVANCED HOOPS

## Spring Games 2010 (AAU Style)

### 10<sup>th</sup>-12<sup>th</sup> Grade Girls

#### 5v5 In House Games

#### Location

Sundays 4:00 – 5:30pm  
(ATC)

Advanced Training Center

10 Weeks (Start: April 11<sup>th</sup> End: June 13<sup>th</sup>)

#### Spring Options

<b>1.Spring Games</b>	<b>\$275</b>
Group Rate (5+ players)	\$225
<b>2.Games + One Extra Skill</b>	<b>\$325</b>
Group Rate (5+ players)	\$275
<b>3.Games + Two Extra Skills</b>	<b>\$375</b>
Group Rate (5+ players)	\$325

#### Shooting Class Options

\*Must Pre-Select 1 Class of Choice

Class #	Days	Time	Location
#3	Sundays	3:00 – 4:00pm	ATC
#4	Sundays	5:30 – 6:30pm	ATC
#5	Mondays	3:30 – 5:00pm	ATC
#8	Thursdays	3:30 – 5:00pm	ATC

8 Weeks (Start: Week of April 5<sup>th</sup> End: Week of May 24<sup>th</sup>)

#### Extra Skill Choices

- 1.Dribbling/Agility/Offensive Footwork
2. Shooting with Charlie
3. Strength Component

#### Dribbling/Agility/Offensive Footwork Factory

\*Must Pre-Select 1 Class of Choice

Class Letter	Days	Time	Location
D	Monday	6:00 – 7:00pm	HCS
F	Wednesdays	5:30 – 7:00pm	ATC
I	Tuesdays	6:00 – 7:00pm	HCS

8 Weeks (Start: Week of April 5<sup>th</sup> End: Week of May 24<sup>th</sup>)

**\*Please Call our Professional Staff at 657-2620 with any Questions!!**

**WWW.ADVANCEDHOOPS.com**

**657-2620**

# Dribbling/Agility/Offensive Footwork Classes (Co-Ed)

(8 Sessions)

## Start/End Dates

*Saturdays: April 10<sup>th</sup> – May 29<sup>th</sup>*

*Mondays: April 5<sup>th</sup> – May 23<sup>rd</sup>*

*Tuesdays: April 6<sup>th</sup> – May 24<sup>th</sup>*

*Wednesdays: April 7<sup>th</sup> – May 25<sup>th</sup>*

*Thursdays: April 8<sup>th</sup> – May 26<sup>th</sup>*

<b>A. Saturday</b>	11:30 – 12:30 PM	6 <sup>th</sup> – 8 <sup>th</sup>	ATC
<b>B. Saturday</b>	3:30 – 4:30 PM	5 <sup>th</sup> – 6 <sup>th</sup>	ATC
<b>C. Monday</b>	6:00 – 7:00 PM	7 <sup>th</sup> – 9 <sup>th</sup>	ATC
<b>D. Monday</b>	6:00 – 7:00 PM	9 <sup>th</sup> – 12 <sup>th</sup>	HCS
<b>E. Tuesday</b>	6:00 – 7:00 PM	5 <sup>th</sup> – 7 <sup>th</sup>	ATC
<b>F. Wednesday</b>	5:30 – 7:00 PM	Open	ATC
<b>G. Wednesday</b>	6:00 – 7:00 PM	6 <sup>th</sup> (Girls)	Hershey
<b>H. Thursday</b>	6:00 – 7:00 PM	8 <sup>th</sup> +	ATC
<b>I. Tuesday</b>	6:00 – 7:00 PM	HS	HCS

# SHOOTING SCHEDULE (CO-ED)

**(8 Sessions)**

## **Start/End Dates**

*Sunday: April 11<sup>th</sup> – May 29<sup>th</sup>*

*Monday: April 5<sup>th</sup> – May 22<sup>nd</sup>*

*Tuesday: April 6<sup>th</sup> – May 23<sup>rd</sup>*

*Thursday: April 8<sup>th</sup> – May 25<sup>th</sup>*

1. Sunday	1:00 – 2:00 PM	5 <sup>th</sup> – 6 <sup>th</sup>	ATC
2. Sunday	2:00 – 3:00 PM	7 <sup>th</sup> – 8 <sup>th</sup>	ATC
3. Sunday	3:00 – 4:00 PM	HS	ATC
4. Sunday	5:30 – 6:30 PM	HS	ATC
5. Monday	3:30 – 5:00 PM	Open	ATC
6. Tuesday	6:00 – 7:00 PM	HS (Girls)	Steel-High
7. Thursday	6:00 – 7:00 PM	HS (Boys)	Steel-High
8. Thursday	3:30 – 5:30 PM	Open	ATC

# ADVANCED HOOPS

## *Program Features*

- ✓ AAU Style Games w/ Development
- ✓ Players competing from all over the region
- ✓ Sign up individually or w/ a team of 5-8 players
  - ✓ Referees, Game Clock, Situational Play
  - ✓ Tying Skill Development w/ 5 v. 5 play
  - ✓ Very Cost Effective & Quality Investment

## Things to SERIOUSLY Think About...

- \*Spring is the best time to work on weaknesses and develop your game. This Program brings the need for skill development and 5 v.5 confidence together in the same setting
- \*The Spring Games gives each player Professional Coaching, Video Feedback, and a schedule that allows Players to be dedicated to their Junior high or school programs.
  - \*Gauranteed Development with out the extra costs of travel that include Gas, food, and sometimes lodging.
- \*Allows players an equal oppty to work on game confidence and game shooting. Oppty's to develop that would not happen in a setting where excessive play calling or star players are given the only Freedoms. Also, Coaching Bias gets in the way of pure development